## How Will You Begin to Begin Again?



Preparing for the time of new beginnings that the High Holidays offer!

Sunday, August 11 (Elul 5) at 1-3 p.m.

Home of Barbara and Curt Freedland

Free for members; \$18 suggested donation from friends

Special teachings and spiritual exercises to assist in your preparation.

Or Ahavah is a welcoming community dedicated to personal transformation and healing the world through Jewish practice.

Contact Marsha Bravo at 813,962,7143 for more information.