

# The Alternative **YOM KIPPUR...** a Spiritual **RETREAT**



*Join Congregation Or Ahavah for a day of reflection and transformation at a beautiful retreat center in Ellenton, Fl. Experience the true meaning of this holy day - a time for return to your authentic self, a time for second chances - through the traditional structure of Yom Kippur services infused with spirituality.*

Jewish Renewal is a worldwide, trans-denominational movement grounded in Judaism's prophetic and mystical traditions. Rabbi Debrah Shenefelt is the spiritual leader of Congregation Or Ahavah, a Jewish Renewal community.



Where: **DAYSPRING Retreat Center (near Ellenton )**  
8411 25th St E, Parrish, FL 34219

When:

**Friday, September 13, 2013**

4:00pm - Preparatory Meditation  
5:00pm - Dinner (*fish/vegetarian meal*)  
6:00pm - Kol Nidre and Evening Services

**Saturday, September 14, 2013**

8:30 am - Qi-gong with gentle stretching  
9:30 am- Services Continue through  
Sunset,  
Sunset—Havdallah followed by full *Break the Fast Meal*

What: **Traditional Yom Kippur observance with spiritual integration**

- Kol Nidre and Experiential Yizkor
- Meditation and Prayer
- Drumming and Chanting
- Holiday Meal prior to Services
- Break the Fast at Sunset

Cost: **Registration and fees attached**

**Creative Rosh HaShanah Services are also available** Celebrate the gift of a new beginning...

Wednesday night, 9/4 at 7:00pm, includes Blessing Seder

Morning Service, 9/5 at 9:30am, followed by vegetarian/dairy pot luck lunch.

*Address and directions will be provided upon registration.  
For further information, contact Rabbi Debrah Shenefelt at 813.968.7850*

# Congregation Or Ahavah - High Holiday Form

## Yom Kippur Retreat (RSVP and payment due by 9/10/13)

Member Price: \$180 per adult x No. attending \$ \_\_\_\_\_

Non-members: \$225 x No. attending \$ \_\_\_\_\_

Difference between member and non-member price  
can be applied to annual dues upon joining

\$65 per child (3-18 years of age) x No. attending \$ \_\_\_\_\_

Free 3 yrs. and under

Be an Angel: *Add extra money in your payment to help  
someone else afford the retreat!* (suggestions-\$18, \$36, \$72, \$180)

Angel Donation \$ \_\_\_\_\_

## Rosh HaShanah (is free for members and \$54 for non-members. Please RSVP by 9/1/13 to Marsha at 813.962.7143 or email orhaahavahtampa@att.net)

\$54 per adult x No. attending \$ \_\_\_\_\_

\$18 Students \$ \_\_\_\_\_

Free for children under 10

**TOTAL PAID** \_\_\_\_\_ \$ \_\_\_\_\_

**PRICING INFO**

**YOM KIPPUR  
REGISTRATION**

Name: \_\_\_\_\_

Others attending:

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Numbers: Home \_\_\_\_\_ Cell \_\_\_\_\_

Email address: \_\_\_\_\_

Make checks payable to: **Congregation Or Ahavah**

Mail checks and form to: Marsha Bravo 16041 Grass Lake Drive Tampa, FL 33618